

Toward Higher Consciousness – Esoteric Acupuncture and Soul Notes

Resonance Healing or vibrational medicine is rapidly gaining clients as people realize the benefits and low level of negative side effects. People from all walks of life are sharing their alternative healing experiences with their friends, whether from acupuncture, sound therapy or other healing disciplines based on vibration such as Reiki, other energy healing such as homeopathy, bio-resonance or electro-magnetic therapy, flower essences, gem and crystal elixirs, and tuning forks. The mental and emotional effects of these healing approaches are being recognized as our model of humans as multi-dimensional beings expands beyond the physical. In addition, many of these complementary medicine approaches are being used to support spiritual emergence; for example, Esoteric Acupuncture [Mikio Sankey, 2 volume series] or Sound Wave Energies and Soul Notes [created by Nicole Lavoie, Return to Harmony].

Mikio Sankey describes the previously secret methods of Esoteric Acupuncture, including harmonizing, balancing and encoding patterns. For the latter, encoding refers to the fact that much of the information in the body cells is not readily translatable to the conscious three dimensional mind and must be unlocked or triggered to release it. He shows how and why acupuncture needles are placed on the body in a specific order to unlock the stored information in the cells of the physical body as well as the more subtle energy bodies, the mental, etheric and higher spiritual bodies. The stored information pertains not only to this lifetime but to past and future events as well. "All of the Esoteric Acupuncture Patterns are designed to assist us in discovering higher levels of consciousness, a heightened spiritual awareness, and to connect with our Higher Self Soul and all of the universe. [pg. 9, vol. 1]." They help us to connect to the solar and global axiatonal grid system by the energy they create at the spin points (the acupuncture points in the pattern). The energy created at each acupuncture point will strongly stimulate sound/light vibrations that will change the spin or frequencies of the cells and cause them to spin at a higher, faster and lighter rate. These spin points are how the body unlocks the energies/memories and function as an antenna linking the grid to the meridians in the body [pg.231, vol. 1].

As a complement to Nicole Lavoie's 5 sets of Sound Wave Energy recordings that support longevity, physical, mental, emotional and spiritual healing, she developed the Soul Note which is an individualized healing frequency to aid in alignment with the Soul. The Soul Note represents the essence of the Soul, since it is the most frequent sound expressed when someone speaks from the heart. Nicole says that it "can be regarded as a tool or a facilitator...when we hum our Soul Note, it enables us to reconnect with the Source. That particular frequency makes our body vibrate" [product literature] at the frequency of our Soul so that we can connect with our Higher Self and express our Soul's purpose in life.

One Saturday, during an acupuncture treatment, we were reviewing the description of the Celestial Tuning Fork encoding pattern from Sankey's book before using it. The similar purpose of this pattern and the Soul Note started to emerge from our discussion. The Celestial Tuning Fork pattern has two functions: 1) "harmonize our Qi [Chi or life force energy] flow throughout the physical body...aligning and grounding with the Mother Earth energies...; 2) harmonize and activate our keynote...a certain musical key, or pitch, that makes up the inherent vibratory rate of all our body systems. We resonate best when we

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are in alignment with our keynote [p.296, vol. 1]" The nine acupuncture sites(points) in the "Celestial Tuning Fork" patterns are aligned to create a geometric pattern resembling a giant tuning fork. When the tuning fork is "struck" the frequency set in motion will assist us in becoming "tuned" to our own higher state of consciousness.

Along the same lines, the Soul Note vibration functions to ground and center people as well as help them align with their higher purpose. By using Lavoie's Soul Note software, a trained Harmonist can identify the most frequent note when an individual speaks from the heart, the center of the Soul, and record that frequency on a CD for connecting with the Higher Self/Soul. The Soul Note is joined together on a CD with the Half Note for clearing past traumas, the Double Note for bringing in higher frequencies aligned with the SN, and the Harmonic for nurturing and support. [Other Soul Note articles appear in Sept/Oct. "The Healing Path" and the Sept. "Healing Vibes" from the Boulder Healer's Association.] How can someone use this CD? Hum the Soul Note while it is playing or without the CD after learning the note to ground and center; empower any prayer or chant using this tone; strengthen the impact of another healing method such as acupuncture, massage or energy work by playing the Soul Note simultaneously; or listen to it as background sound to uplift your mood or state of mind. Over time, the individual will be more calm and centered, begin resonating more at the Soul Note's frequency and increasingly express the Soul's purpose in actions. Since the Celestial Tuning Fork and the Soul Notes serve the same purpose, their use together has a synergistic effect, moving the individual toward higher consciousness.

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Margie M. Mulligan, Ph.D., practices vibrational medicine in Fort Collins and Loveland, CO. To help raise your vibration, she uses: **Energy work** - Quantum Touch, Reiki, Magnified Healing and Egyptian energy healing; **Vibrational healing** -Sound Wave Energy and Tom Kenyon CDs, sound healing with vocal sounds; **FDA approved, Class 1 Medical Devices** for pain relief, increase of blood circulation, relaxation and accelerated healing. Your innate intelligence directs the healing in your higher good, once it aligns with the higher vibrations. To reach Margie, call: 970-214-3397, Web: www.heal-with-energy.com, e-mail: engyheal@earthlink.net.

