



# THE HEALING CODES

## Unlocking the Cellular Sequence of Life

# CODES

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**D**oes this sound like you? “I’m disenchanting with drugs and surgery from allopathic or Western medicine, and strongly believe in integrative, complementary or alternative medicine, but...I haven’t always gotten the complete healing I hoped to receive. I have to continue to go back for treatments over and over again on the same or similar issues.”

After using herbs, acupuncture, chiropractic, homeopathy and energy work for over 25 years, I’m a very strong supporter of natural healing methods. In fact, I am a vibrational healing practitioner myself. I have always searched for something that can provide a deeper, more profound holistic solution for health, career and relationship issues, not just physical healing but healing of the body, mind and spirit, permanently. I want to get to the core and be well, NOW!

What does it take for complete healing in all three of these areas? According to Drs. Alexander Loyd and Ben Johnson, it takes three things for permanent healing:

- Removal of physiological stress on the autonomic nervous system caused by imbalance between the sympathetic (fight or flight) and parasympathetic (growth).
- Energetic balancing to strengthen the body systems shut down by excessive stress—the immune system, digestion, internal organs, and higher intellectual functions.
- Removing the destructive cellular memory causing the stress that is stored in the body as the vibration of negative, untrue beliefs, images, thoughts and emotions.<sup>1</sup>

Many of the natural healing modalities I use in my practice are focused on working in just exactly these three areas; but when I look at the results, I have to admit, honestly, they aren’t *always* profound and permanent. There is improvement but not complete healing every time. I have always believed that we are meant to be able to heal ourselves, permanently, of anything that “ails” us. We just need to realize that wellness is our birthright. That’s why I was drawn to this work.

What was needed was a “health control mechanism,” a physical mechanism to activate the healing. Dr. Alex Loyd identified this in 2001 after searching unsuccessfully for over 10 years through psychology and natural medicine for a cure to his wife’s clinical depression. He has partnered with Dr. Ben Johnson to make “The Healing Codes” available to teach people to heal themselves.

The system uses not the chakras or meridians, but four centers in the head and neck that powerfully unleash the body’s innate ability to heal itself. These centers are located in the Adam’s apple, the back of the jaw, the temples and the brows (*The Healing Codes Manual*, p. 25).

THC is a complete spiritual (mental and emotional) energy healing system that allows each individual to clear out the destructive cellular memories which block healing (three factors involved) and also prevent expression of nine spiritual virtues (e.g., patience, self control, trust). Each of the 12 components of THC has a different combination of hand positions.

By placing the hands on or near these four areas, the path of healing energy goes through the:

- higher functions of the right and left brain and the hypothalamus
- reactive emotional brain including the amygdala and hippocampus
- pituitary gland, the master control of the endocrine processes in the body
- spinal column and autonomic nervous system<sup>1</sup>

When stress and the cellular memories that trigger it are gone, the body can heal. Energy is directed back into the rest of the body for growth, healing illness and disease, rather than being focused only in the brain stem, the reactive survival mechanism, and the large muscles. In the jungle or savannah, we needed the fight or flight mechanism to save our lives physically. In modern city life, it is being triggered by destructive images, beliefs, thoughts and feelings, the cellular memory of painful past lives, or the current life. In other words, physiological stress is being created by psycho-physical images and memories when our lives are not really in danger, or at least not at this moment. But we don’t have to settle for these results. “When you remove the destructive images in the heart [and mind] and subsequently remove stress from the body, the neuro-immune system can heal just about anything on its own.”<sup>1</sup>

Loyd and Johnson empirically tested the healing codes and got physically measurable results in heart rate variability (HRV) measurements, the “gold standard” of physiological stress indicators. Activating the four healing centers for just 20 minutes completely removed stress immediately, something that almost no other healing method can do in less than 6 weeks of continuous use. And these results were still present 24 hours later, something that no

other method, whether natural or western medicine, can accomplish.<sup>1</sup>

It’s a bold statement, but Drs. Loyd and Johnson said, with the scientific evidence to support it, “We believe we have discovered the non-physical and unseen source of almost all illness and disease and the hidden physical control system in the body that fixes the problem automatically.”<sup>1</sup>

Psychological traumas, deep-seated emotional issues, career or relationship issues all can be healed using this same method that takes initially 20 minutes per day and ultimately eight minutes per day for prevention. Dr. Ben Johnson is alive and totally symptom-free today, four years after a diagnosis of Lou Gehrig’s disease, which has no known cure. He left behind his previous medical practice, an integrative cancer treatment clinic, to spread the word about The Healing Codes.

The Healing Codes do not work directly on any physical problems. In fact, the physical healing was an unexpected result when people used the codes for their purpose, to remove the stress caused by destructive cellular memories. These codes focus exclusively on healing the destructive memory pictures in the cells of the body, mind and heart. As most alternative, complementary or integrative health practitioners know, issues in the spiritual, mental and emotional energy in the human energy systems are the causes of the physical dysfunction. So physical healing would be the ultimate outcome of healing at the higher energy levels (spiritual, mental and emotional). However, Drs. Loyd and Johnson are very clear that their system does not focus on the physical healing.

Their results may sound like a miracle, but remember what St. Augustine said, “Miracles happen, not in opposition to nature, but in opposition to what is known of nature.” The Healing Codes are a recent discovery — perhaps worthy of a Nobel Prize some day — which dramatically assists us to naturally heal ourselves.

For more information about *The Healing Codes*, contact Margie Mulligan, or go to [www.thehealingcodes.com/cmd.php?Clk=1765994](http://www.thehealingcodes.com/cmd.php?Clk=1765994)

<sup>1</sup>*The Healing Codes audio conference*



Dr. Margie M. Mulligan has practiced energy work since the *Harmonic Convergence* in 1987. Her goal for her clients is self-healing. She uses vibrational medicine and teaches energy healing to raise the vibration of the cells, remove stress and pain, and promote natural healing with: *Pyradym*

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