

## **Egyptian Mysteries Help with 2012 Earth Energy Changes?**

- Have you noticed that you feel overwhelmed more often lately?
- Has your energy or mood been out of balance because of earth changes?
- Do you need a way to build your energy body to hold the new vibrations?
- Have you been able to realize the purpose you are meant to accomplish in life?
- As a healing professional, does your spiritual path inspire clients and uplift you?

As we move toward the fulcrum point of 2012, we have heard many different prophecies and theories about what will happen, some doom and gloom and others utopian. One thing is becoming clear as we get closer to that date, the vibration of the earth is going up and the earth is experiencing physical imbalances. Well, you're on the earth and you'll be affected by the higher vibrations and physical or energetic imbalances. So, what are you "doing" and how are you "being" to help yourself thrive as we move toward 2012?

Do you have a comprehensive self-help process you can use to deal with energetic and psycho-spiritual imbalances that arise as earth and energy changes affect your life? That's what the ancient Egyptians had before the dynasties that gave them the incredible power to build Pyramids that our modern technology can't duplicate. Priests and Priestesses were taught how to connect with the many archetypal aspects of divinity (Neters) representing the principles of that consciousness. They guided the ascension of the Pharaohs in the "God Making" process. But, how were they able to systematically evolve their energy systems to hold more light and consciousness, more joy and love?

Each of the major shenkas (chakras or energy centers) are associated with certain psycho-spiritual issues which can be relieved or balanced by clearing discordant cellular memories or stuck energy in the energy body. That pain associated with a parent's criticism, a colleagues' or school mate's snide remark, or a fall from a tree or traffic accident all can form the basis for clusters of "contracted" energy which restrict the free flow of your life force energy in any of your energy centers. The more often a pattern is repeated, the stronger the block.

Energetic clutter or trauma in your system makes for low vibrations, thoughts, beliefs and negative feelings. Beliefs such as, "I'm not worthy" (heart), "I'm not clever (intellect)", "I'm clumsy (root center).", when repeated consciously or unawares, lower your energy or vibration. As the cellular and energetic debris is cleared out, just like spring cleaning, the whole being is lighter and functions better. When someone is feeling worthy, clever and graceful, it will usually lead to happiness, self-love and joy.

The ancient Egyptian spiritual teachings about each level of consciousness at each shenka provide insights that make life easier to live and balance physical, mental and emotional trauma. Depending on the divine principles associated with each energy center, different sacred sounds and energy practices work to raise the vibration and ease distress. The entire process gradually builds an etheric temple from the 1<sup>st</sup> to the 7<sup>th</sup> shenka (chakra) which can be used to navigate life's challenges and opportunities.

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This etheric temple also allows easier movement through the “underworld” (what Buddhists call the Bardos) after physical transition.

### Past student feedback:

- “The Egyptian Mysteries provide a very precise visual map of the psyche and all its’ forces and movements, leading one out of identification to freedom.”
- “I received different tools and techniques for [my] further spiritual development and things I can share with my clients in pain, confusion or wanting a deeper spiritual connection.”
- “Although challenging, the process has brought me to completion of myself and the work I have been asked to do in the world.”
- “The initiations always gave a fresh perspective and the psycho-spiritual exercises provided a framework for working through life’s challenges.”

As we approach 2012, you can learn the ancient Egyptians spiritual principles and develop a toolkit of energetic practices used for self-healing, to connect with your higher self and to uplift or inspire your clients, family and friends. Most importantly, you can thrive through the intense energetic and physical changes of the next few years.



Margie M. Mulligan, Ph.D. was first initiated into Ancient Egyptian Mysteries in 1987-90. They formed the basis of her future energy healing and psycho-spiritual development, including the Egyptian Healing Rods. She begins the next program of Egyptian Mysteries in June 2010. 970-214-3397, [Margie@HealLikeAnEgyptian.com](mailto:Margie@HealLikeAnEgyptian.com); [www.Heal-with-Energy.com](http://www.Heal-with-Energy.com)